

Message from your ACHE Regent  
Summer 2024

Happiness...

In 1938, Harvard researchers embarked on a [decades-long study](#) led by Dr. Robert Waldinger, to find out: What [makes us happy](#) in life?

The researchers gathered health records from 724 participants from all over the world and asked detailed questions about their lives at two-year intervals.

Contrary to what you might think, it's not career achievement, money, [exercise](#), or a [healthy diet](#). The most consistent finding we've learned through 85 years of study is: positive relationships keep us happier, healthier, and help us [live longer](#).

Upon reflection, I think of all the positive relationships in my life due to my involvement with ACHE. The friendships I have cultivated professionally that have morphed into personal friends. Those mentors that have taken an interest in my professional development – interpersonal relationships make a huge difference in my happiness quotient. The ability to serve a profession I love makes a huge difference in my life. I am looking forward to catching up and continuing to network with some of those folks at the upcoming Chapter Leader Conference that will be held at the end of September in Chicago.

On Monday, Sept. 30, the conference begins at 7 a.m. with breakfast and an official welcome by ACHE Chair William P. Santulli, FACHE, and President/CEO Deborah J. Bowen, FACHE, CAE.

After breakfast, David L. Schreiner, PhD, FACHE, our keynote speaker, will present “**Be the Best Part of Their Day: Supercharging Communication with Values-Driven Leadership**” Afterward, there will be sessions and workshops to choose from on a variety of topics—all designed to provide solutions to energize those in attendance.

Finally, there will be a closing reception to network with the ACHE Board of Governors, Regents, fellow chapter leaders and ACHE staff. I will be attending along with members of the SC ACHE Chapter Board. We will look forward to bringing back an update to our members.

Under the leadership of ACHE Chair William P. Santulli, FACHE, and Immediate Past Chair Delvecchio S. Finley, FACHE, ACHE is on a mission to raise \$1 million for the [Fund for Healthcare Leadership](#) by March 2025. We are over halfway toward reaching our goal! Thank you to the [14 individuals and organizations](#) who have made major gift contributions in the past year.

Scholarships from the Fund help diverse, talented individuals acquire the skills and training they need to forge a career path in healthcare leadership.

Yet each year, ACHE turns away hundreds of scholarship applicants—due to a lack of funding for scholarships to support our robust programs.

**Your support matters!** Without donor funding, these programs cannot exist—and the need is greater than ever. Please consider an individual or organizational gift to help us achieve our goal.

South Carolina ACHE Chapter is proud to share that **Trey Wineglass, a student at Winthrop University**, is being honored as a 2024 recipient of one of the following awards.

Congrats Trey – we expect good things from you!

### **Albert W. Dent Scholarship**

- Available only to racially and/or ethnically diverse, as well as LGBTQ+ students.

### **Foster G. McGaw Scholarship**

- Named for the founder of the American Hospital Supply Corporation.

### **New Members to ACHE:**

Please join me in welcoming the following new members to ACHE. I hope you find the same happiness in serving our profession and organization.

Reginald T. Cook

Kayla Ulmer

Brett Percival

Alisha Cook

Martha Selmon

Viola Lawrence-Carr

Amanda Cadwell

Alexis Nuzzo

Jeremy Johnson

Lamont Melvin, PhD, MBA

Rebecca Wieshaln

Lilian Carner

### **New Members to the South Carolina Chapter:**

Welcome to the South Carolina Chapter. We hope you will get involved on the Board or with your local group.

Madison Cannon

Jennifer Gerber, FACHE

Jill Shiroki

Lt. Col Jason Estes, FACHE

Pamela Murphy, PhD, APRN, FACHE

Allow me to end this message with a quote:

*Relationships are never about power, and one way to avoid the will to power is to choose to limit oneself – to serve.*

- William R. Young

I hope we all enter the Fall season with an interest in finding happiness by serving. Get involved with ACHE!

*Karen*



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Regent for South Carolina  
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